

# Nutrition Facts

Serving size 2 (2x2") brownies

Amount Per Serving

**Calories**

**230**

% Daily Value\*

**Total Fat** 10g **13%**

Saturated Fat 1.5g **8%**

*Trans* Fat 0g

**Cholesterol** 70mg **23%**

**Sodium** 300mg **13%**

**Total Carbohydrate** 33g **12%**

Dietary Fiber 6g **21%**

Total Sugars 18g

Includes 18g Added Sugars **36%**

**Protein** 7g **14%**

Vitamin D 0.8mcg 4%

Calcium 104mg 8%

Iron 2.16mg 10%

Potassium 423mg 8%

Vitamin A 18mcg 2%

Vitamin C 1.8mg 2%

Folate 72mcg 20%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.